



**November  
Edition**

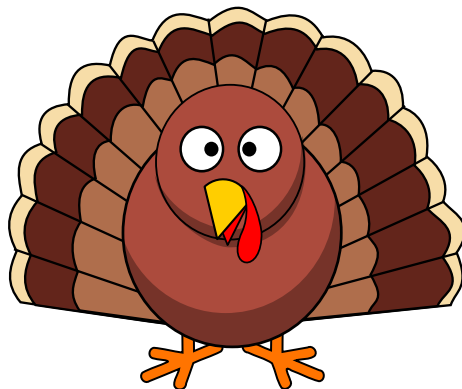
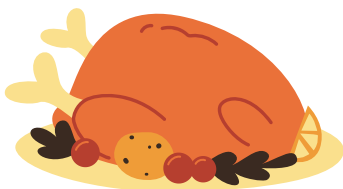
# **Mulvane Grade School Newsletter**

HELLO! WELCOME TO THE NOVEMBER EDITION OF THE MGS NEWSLETTER! WE ARE SO EXCITED TO BRING YOU ALL THE EVENTS HAPPENING THIS MONTH AS IT IS SURE SHAPING UP TO BE A BUSY MONTH! WE'LL BE STARTING OFF WITH FINISHING UP THE BULLYING AWARENESS & RED RIBBON WEEK FUN BY WEARING OUR P.J.'S TO SCHOOL! THROUGHOUT THE MONTH, WE WILL BE PARTAKING IN SOME THANKSGIVING FESTIVITIES, INCLUDING DINNER WITH OUR FAMILIES AND THE ANNUAL CAPTURE THE TURKEY COMPETITION. AT THE END OF THE MONTH WE WILL TAKE A WEEK LONG BREAK FROM OUR SCHOOL SO WE CAN SPEND SOME MUCH NEEDED TIME WITH OUR FAMILIES.

Volume 1, Issue 2

# November Schedule:

Nov. 1		Bullying Awareness & Red Ribbon Week ~ PJ's Day
Nov. 8	8:05 am	Wildcat Leaders Announced
Nov. 8	8:15 am - 1:35 pm	PTO Fun Run
Nov. 11	3:30 pm	Cubs Club
Nov. 18	6 pm	PTO Meeting
Nov. 21	10:45 am - 1:45 pm	Thanksgiving Dinner
Nov. 22	8:05 am	Wildcat Leaders Announced
Nov. 22	All Day - schedules TBD	Capture the Turkey
Nov. 25-29		Thanksgiving Break/NO SCHOOL



# Capturing Kids Hearts Self-Direction



Congratulations to these students who were chosen as Wildcat Leaders for showing the characteristic: Self-Direction.

November Character Trait: TEAMWORK

# Think, Choose, Act

Lead yourself to who you want to be.

*This month, we're challenging students to envision future goals and take intentional steps toward who they want to be. We are partnering with you to grow and develop your child's ability to self-direct. We can model self-direction by celebrating the positive in each day, seeking the good in others, and emphasizing our responsibility to make positive choices.*



## 1 ENGAGE: Find the Good!

Self-direct your thoughts and share Good Things as a family each day. After school, around the dinner table, or before bed, ask each family member to share something good from the day. We often see what we seek! Let's focus on finding the good.



## 2 EMPOWER: Make a Plan

If your student doesn't already use a planner, empower them to start using one to manage their time better. Have a weekly meeting with your student to share what they have added to their planners. You can help them add family gatherings, school events, and due dates.



## 3 EXCEL: Affirm Daily

Practice growing as a family through positive affirmations. At dinner or some point during the day, give affirmations to each other and share the good things you see. Take it to the next level and think of someone you could affirm outside your family. Challenge each family member to affirm or thank a different person every day this month for something they do or who they are. You can even handwrite a note to thank that person and send them the note in the mail.

## Conversation Starters

- ♥ What is one way you can be more responsible at home or school?
- ♥ What is an activity you want to continue to improve?
- ♥ How do you feel when you finish a project?
- ♥ What is something you want to learn to do?

# Adelántate

Desarrolla las fuerzas para enfrentar algo difícil.

*Este mes estamos enfocados en ayudar a los estudiantes a comprender que la valentía no es un remedio mágico para el miedo. En cambio, la valentía es una decisión a avanzar a través del miedo, la inseguridad, y la ansiedad de hacer cosas que se sienten difíciles o aterradoras. Estamos colaborando contigo este mes para desarrollar la valentía de tu niño. Las actividades de este mes van a ayudar a tu niño a entender que la valentía puede equiparlo para hacer un impacto positivo en la casa, en la escuela, y en la comunidad.*



## 1 CAPTAR: Juego de Roles de Valentía

Discute lo que es tener valentía para hacer lo que es correcto. Como familia, haz un juego de roles de situaciones en que tu hijo tuviera que demostrar valentía. Por ejemplo, actúen como fuera si tu hijo viera a un amigo siendo rudo a otra persona en la escuela. ¿Qué haría? ¿Cómo podría la valentía ayudarlo a defender lo que es justo?



## 2 EMPODERAR: Roles en la Casa

Crea una lista de quehaceres de casa. Asigna los varios quehaceres a cada miembro de la familia. Discute el apoyo o herramientas adicionales que podrían necesitar para cumplir cada trabajo. Ten una junta de familia semanal para celebrar el éxito de haber cumplido cada trabajo y háganlo tomando turnos en dar una afirmación a cada miembro de la familia. Alterna los quehaceres y pregunta cuál soporte adicional es necesario.



## 3 EMPLEAR: Intenta Algo Nuevo

Pídele a cada miembro de la familia que cuente algo positivo que quiere hacer pero ha tenido miedo de intentar. Discute qué miedos están entremetiendo y los pasos para superar estos miedos. Anima a cada uno que intente algo nuevo este mes. ¡No se olviden de celebrar a cada miembro de la familia cuando lo hace!

## Iniciadores de Conversación

- ♥ Piensa en un amigo en la escuela que consideras como alguien valiente. ¿Cuáles son unas maneras en que demuestra valentía?
- ♥ Describe una ocasión cuando fuiste tímido en la escuela, pero pudiste superarlo por causa de tu valentía. ¿Qué te ayudó para ser valiente?
- ♥ Piensa en un fracaso reciente en la escuela. ¿Cuál fue una lección que aprendiste de esta experiencia?



# Interviewed by a 5th Grader

## Nurse Kanaga and Nurse Mel

*By Hattie Wright and Giovanni Tucker  
of Mrs. Colvin's class*

Hattie Wright and Giovanni Tucker decided to interview our school nurses, Nurse Kanaga and Nurse Mel. They wanted to learn more about sickness and what causes it. They also wanted to learn more about their job.

### **Why do so many kids get sick this time of year?**

It is starting to get cold and it is flu season.

### **How can kids prevent getting germs?**

1. Wash your hands.
2. Cover your mouth when you cough.
3. Get good sleep.



### **How many kids come to see you in a day?**

Usually we see 30-50 kids a day.

### **What is the most common reason people come to the nurse's office?**

We usually see kids complaining about stomach aches and headaches.

### **How do you tell if a kid is faking?**

We get to know the kid and we trust our instincts.

### **How many times a day do kids come in complaining about the same thing?**

After the second visit, we contact the child's parent.

### **What do you do when kids aren't in the nurse's office?**

We have to document every student that comes in.

### **What do you enjoy most about your job?**

Helping students feel better regardless if they are sick or not.





# STAFF BIRTHDAYS

Nov. 10th  
Kellene Rorabaugh

Nov. 13th  
Penny Landis

Nov. 11th  
Shelley Myers

Nov. 17th  
Amy Nelson

Nov. 12th  
Kim Cunningham

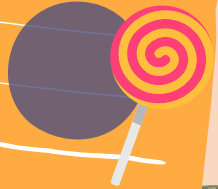
Nov. 26th  
Miah Konklin



Quote:

“Never jump into a  
pile of leaves with a  
wet sucker.”

~ Linus, *It's the  
Great Pumpkin Charlie Brown*



## Did you Know?

The tradition of football on Thanksgiving Day began in 1876 with a game between Yale and Princeton. The first NFL games on Thanksgiving Day were played in 1920.

Traditionally, both the Dallas Cowboys and the Detroit Lions play on this day with their opponent alternating each year.



Mulvane 1010

# GLOW

# RUN

## NOV 8 AT MGS GYM



### GYM TIME

8:15-8:55

9:05-9:45

9:55-10:35

10:45-11:25

12:05-12:44

12:55-1:35

### GRADE

4TH GRADE

1ST GRADE

3RD GRADE

KINDERGARTEN

2ND GRADE

5TH GRADE

### PREK FUN RUN

NOV 15 | MUNSON GYM

AM PREK 8:15-8:50

PM PREK 12:30-1:05





Mulvane Grade School

# THANKSGIVING FEAST

THURSDAY, NOVEMBER 21, 2024

3RD GRADE 10:45-11:45

5TH GRADE 11:45-12:45

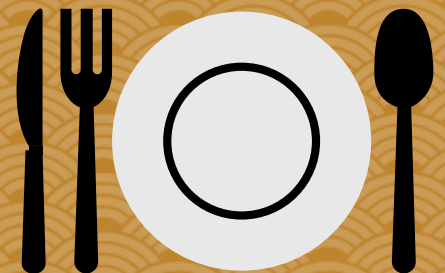
4TH GRADE 12:45-1:45

\$8.00

FOR ADULTS



Purchase your  
meal ticket  
in the office today!





**Would you like  
to donate a  
dessert  
to our  
Thanksgiving  
Dinner?**

**Look for a Sign-  
up Genius link  
to be sent via  
email and Class  
DoJo soon.**

# Capture the Turkey

Friday, November 22, 2024

Time: Classes compete at different times throughout the day.

Watch for info on class game times coming home with your student.



# TURKEY HUMOR

What are  
you most  
thankful for?

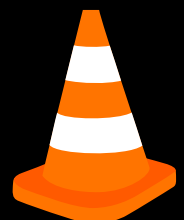


Vegetarians.



# Drills and Standard Response Protocols

- Over the course of the year we will be holding multiple drills with students to practice our Standard Response Protocols.
- This includes a full scale LOCKDOWN practice with SRO Bohannon facilitating the drill.
- Please take a moment to review these protocols with your student and explain the importance of taking them seriously.
- Building access will be limited during these drills.
- Click [HERE](#) to read more about Standard Response Protocols.





**Students of the Mulvane schools have the ability to provide anonymous tips to keep friends and schools safe.**

- **Dangerous Behaviors**
- **Self-Harm**
- **Bullying/Harassment**
- **Alcohol, Tobacco, Drugs**

Click [HERE](#) for Speak Up website reporting page.

# LUNCH

## Nov. 1

Sunbutter & String Cheese  
Cheeze It Crackers, Mixed Salad  
Diced Peaches

## Nov. 4

Chicken Sandwich  
Baked Beans, Mixed Salad  
Cherry Applesauce, Rice Krispie

## Nov. 5

Soft Taco, Nacho Chips, Salsa  
Refried Beans, Mixed Salad  
Grape Tomatoes, Banana, Rice Krispie

## Nov. 6

Domino's Pepperoni or Cheese Plzza  
Green Beans, Mixed Salad, Orange Wedges  
Chocolate Chip Cookie

## Nov. 7

Chicken Nuggets  
Savory Potato Wedges, Mixed Salad  
Fruit Cocktail

## Nov. 8

Hamburger  
Harvest Cheddar Sunchips, Mixed Salad,  
Wild Cherry Frozen Juice Cup

## Nov. 11

Spaghetti & Meat Sauce  
Green Beans, Mixed Salad  
Apple Slices, Rice Krispie

## Nov. 12

Cheese & Bean Burrito  
Nacho Chips & Salsa, Ranchero Beans  
Mixed Salad, Grape Tomatoes  
Pineapple Tidbits

## Nov. 13

Pepperoni Pizza  
Corn, Mixed Salad, Applesauce  
Giant Cinnamon Graham

## Nov. 14

Chicken Strips, Country Gravy, Hot Roll  
Mashed Potatoes, Green Beans, Mixed Salad  
Grape Tomatoes, Mandarin Oranges

## Nov. 15

Hot Dog, Sunchips  
Corn, Mixed Salad, Diced Peaches  
Chocolate Chip Cookie

## Nov. 18

Mini Corn Dogs, Tri-Taters  
Mixed Salad, Sour Blue Raspberry  
Raisins, Rice Krispie

## Nov. 19

Quesadilla Chicken, Nacho Chips, Salsa  
Ranchero Beans, Mixed Salad  
Grape Tomatoes, Banana

## Nov. 20

Domino's Cheese Pizza  
Hot Peas, Mixed Salad  
Strawberries & Bananas, Choc Chip Cookie

## Nov. 21

### Thanksgiving Dinner

Turkey, Mashed Potatoes, Turkey Gravy  
Hot Roll, Cornbread Stuffing, Green Beans  
Mixed Salad, Sliced Pears, Cranberry Sauce

## Nov. 22

Breakfast Stick  
Savory Potato Wedges, Mixed Salad  
Wild Cherry Frozen Juice Cup

# BREAKFAST

## Nov. 1

Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Rosy Pears

## Nov. 4

Strawberry Cream Cheese Bagel  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Applesauce

## Nov. 5

Biscuit & Gravy  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Banana

## Nov. 6

Waffle Mini Blueberry  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Diced Peaches

## Nov. 7

Breakfast Stick  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Apple Slices

## Nov. 8

Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Sour Mixed Berry Raisins

## Nov. 11

Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Mandarin Orange Cup

## Nov. 12

Sausage Croissant  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Apple Slices

## Nov. 13

Strawberry Cheese Bagel  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Apple Slices

## Nov. 14

Breakfast Pizza  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Orange Slices

## Nov. 15

French Toast Sticks  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Fruit Cocktail

## Nov. 18

Waffle Mini Blueberry  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Pineapple Tidbits

## Nov. 19

Cinnamon Cheese Bagel  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Apple Slices

## Nov. 20

Honey Bun  
Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Apple Slices

## Nov. 21

Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Cherry Applesauce

## Nov. 22

Apple Cinnamon, Banana, Blueberry,  
Choc chip, or Double Choc Chip Muffin,  
Orange Wedges





# Coming Next Month

Dec. 6 8:05 am Wildcat Leaders Announced

Dec. 10 7 pm 4th Grade Music Program

Dec. 16 6 pm PTO Meeting

Dec. 20 8:05 am Wildcat Leaders Announced

Dec. 23-Jan. 3 Christmas/Holiday Break

